



# TIGER FOOTBALL

Stony Point High School 1801 Tiger Trail Round Rock, TX 78664 Office: 512/428-7229 Fax: 512/428-7190

## Fall 2010 Freshman Football Summer Calendar

June					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 Speed and Strength Camp 10:30-12:30	8 Speed and Strength Camp 10:30-12:30	9 Speed and Strength Camp 10:30-12:30	10 Speed and Strength Camp 10:30-12:30	11	12 7 on 7 tournament @Stony Point
14 Speed and Strength Camp 10:30 - 12:30	15 Speed and Strength Camp 10:30 - 12:30	16 Speed and Strength Camp 10:30 - 12:30	17 Speed and Strength Camp 10:30 - 12:30	18	19 7 on 7 tournament @Lake Travis
21 Speed and Strength Camp 10:30 - 12:30	22 Speed and Strength Camp 10:30 - 12:30	23 Speed and Strength Camp 10:30 - 12:30	24 Speed and Strength Camp 10:30 - 12:30	25	26
28 Speed and Strength Camp 10:30 - 12:30	29 Speed and Strength Camp 10:30 - 12:30	30 Speed and Strength Camp 10:30 - 12:30	July 1 Speed and Strength Camp 10:30 - 12:30	2	3

July					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 Holiday	6 Holiday	7 Holiday	8 Holiday	9 Holiday	10
12 Speed and Strength Camp 10:30 - 12:30	13 Speed and Strength Camp 10:30 - 12:30	14 Speed and Strength Camp 10:30 - 12:30	15 Speed and Strength Camp 10:30 - 12:30	16	17
19 Speed and Strength Camp 10:30 - 12:30	20 Speed and Strength Camp 10:30 - 12:30	21 Speed and Strength Camp 10:30 - 12:30	22 Speed and Strength Camp 10:30 - 12:30	23	24
26	27	28	29	30	31

It is required that all players have a **Physical on file with our trainers**. You can download the required paperwork for your athlete's physical at the following website <http://www.roundrockisd.org/Modules/ShowDocument.aspx?documentid=16590> or in our training office at the high school. Please call Coach K at 428-7204 if you have any question regarding your physical.

August					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Freshman Football Camp 8:00 -12:00	3 Freshman Football Camp 8:00 -12:00	4 Freshman Football Camp 8:00 -12:00	5 Freshman Football Camp 8:00 -12:00	6 Freshman Football Camp 8:00 -12:00	7
9 1st Day of Football Practice 7:30 - 10:30	10 Football Practice 7:30 - 10:30	11 Football Practice 7:30 - 10:30	12 Football Practice 7:30 - 10:30	13 1st Day of Pads Football Practice 7:30 - 10:30	14 Football Practice/ Picture Day 7:30 - 10:30
16 Foot ball Practice 4:00 - 6:00	17 Foot ball Practice 4:00 - 6:00	18 Foot ball Practice 4:00 - 6:00	19 Foot ball Practice 4:00 - 6:00	20 Scrimmage @ A&M Consolidated	21
23 Football Practice 4:00 - 6:00	24 1st Day of School (Practice will end @5:30)	25 Practice after school	26 Varsity Game versus Nuevo Leon @ Reeves Stadium	27 Possible Game	28
30 Practice afterschool	31 Practice afterschool	Sept. 1 Practice after school	2 Freshman game at home	3 Varsity game versus Wagner @ Reeves	4

**Summer speed and strength camp** will cost \$125. This camp provides our athletes the opportunity to make huge gains in strength and speed over players that choose to avoid the weight room all summer. These players will have an advantage when football starts in the fall. We highly recommend their participation in this program. These athletes need to get acclimated to the summer heat to prepare them for football practice in August. If you have any questions, please call Coach Moffett @ 428-7234.

**7 on 7** is an opportunity for our skill players to become familiar with our passing game and improve their skills and knowledge of the game. The cost will be \$50. This includes 2 tournament entry fees and a jersey. The athletes will practice 2-3 times per week during the month of June. Please contact Coach Hopkins at 428-7233 or email him at [mark\\_hopkins@roundrockisd.org](mailto:mark_hopkins@roundrockisd.org) if you are interested in playing.

**Freshman Football Camp** is an orientation to our football program. We will introduce your athlete to our procedures and expectations. They will be instructed on their fundamentals and techniques by positions coaches. We will also give each player a preliminary offensive and defensive position. We will continue to work hard in the weight room. This will all be part of our beginning to building TEAM unity. Players that miss the freshman camp find themselves behind, since the other players know the procedures that are in place. This camp gives the freshman coaches an additional week to work with and evaluate your athlete. We encourage all incoming football players to participate. The cost is \$25, which can be paid on the 1<sup>st</sup> day of the camp. If you have any questions, please call Coach Vasek @ 428-7230.

**1<sup>st</sup> day of Practice** is on August 9<sup>th</sup>. It is vital to your athlete and our freshman team that all football players attend practice. By rule, all players must have four days of practice without pads. If a player misses the 1<sup>st</sup> day of practice, he will be required to go four days without pads. This means he will be standing on the side, when we do put pads on. It makes it more difficult for us to evaluate him if he is unable to participate. Please do not plan a vacation during the month of August. **Again, all athletes must have a current physical on file with our trainer. If your son misses practice in August, he may not play in our first scrimmage or game.** Our first game could be as early as August 27<sup>th</sup>, which is the first week of school.